



WAXING

Q: How long does my hair need to be before it can be waxed?

A: It is recommended to be about a 1/4 of an inch (6mm) long so the wax is able to attach to and remove the hair. If you usually shave (particularly legs) then two weeks growth is necessary to ensure all



the hairs have reached optimum length evenly.

Q: How often do I need to wax?

A: 4-5 weeks is the recommended time to leave between your next session; this ensures you maintain smooth skin, and at the same time allowing time for hair to grow back to the recommended length suitable for waxing. PS: During summer period the hairs grow quicker, therefore more regular visit is recommended.

Q: Is waxing painful?

A: It is a similar pain to that of removing a plaster. The more waxing sessions you have, the more you adapt to the pain and the less uncomfortable you will find it.

Q: What is the actual difference between Hot Wax and Strip Wax?

A: Hot wax is applied in a substantially thick layer on the skin, ensuring a thorough coating of each hair. As it cools the wax shrink wraps around the hair which is then easily removed without the

aid of any material strips. Also due to the application of pre-wax oil to the skin prior to waxing, the hot wax is less painful and makes it easier to wax more intimate areas and causing less trauma to the skin. Strip/ cream wax, however is applied spreading warmed wax thinly and evenly over the skins surface, a cloth or paper strip is pressed on top and ripped off in a quick movement against the direction of hair growth. This removes the wax along with the hair.

Q: Is there anything I can do to prevent ingrown hairs?

A: Exfoliation before the wax and a few days after will reduce the chance of ingrown hairs developing.



Q: Is there anything I should be aware of before having wax treatments?

A: It is advised to not sit in the sun prior or post treatment up to 12 hours, or any other heat treatments such as sunbeds, sauna and steam. Also it is not advisable for people with bad varicose veins, eczema, psoriasis or any other open skin problems, if in doubt ask the therapist.